

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 28)
Department of Home Science
Course Curriculum

Part A: Introduction			
Program: Bachelor in Arts <i>(Degree/Honors)</i>		Semester: VI	Session: 2024-2025
1	Course Code	HSSC – 06T	
2	Course Title	HUMAN DEVELOPMENT	
3	Course Type	DSC	
4	Pre-requisite(if any)	<i>As per Program</i>	
5	Course Learning Outcomes (CLO)	Attheend of thiscourse, thestudentswill enableto: <ul style="list-style-type: none"> • To know about the basicknowledgeofDevelopment. • Developmentinvariousstagesofage. • Factors affecting growth &Development. • Prenatal&Postnatalgrowth. • Physical, Emotional and socialdevelopment. 	
6	Credit Value	3 C	<i>1 Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks : 40

Part B: Content of the Course		
No.of Teaching-learning Periods (1 hour per period : 45 Period (45 hours)		
Unit	Topics (Course Contents)	No. of Periods
1	Development-meaning of child growth and development. Different aspects of growth,principles of development, factors affecting child development, heredity andenvironment. Stagesofdevelopment-Physiologyofpregnancy. <ul style="list-style-type: none"> • Prenatal-development • Infancy • Babyhood • Childhood • Adolescence Prenatal growth and development – Stages of growth, Factors affecting prenatal development and growth- Mother's food, Health of mother,Narcotics,ageofmother,effectof season, emotionof mother.	12
2	<ul style="list-style-type: none"> • Effectofnormalandcaesareandelivery:Adjustmenttonew environment • Physical development of infant- Physical proportion, Height, Weight, Pulse rate,Respiration rate, Bodytemperature, Frequency ofhunger. • Sensory development of infant • Motor activity of infants • Emotionsofinfants-Typesofemotions,Significanceofemotions. 	11



	<ul style="list-style-type: none"> • Characteristics of infant behaviour— Dependency, Individual difference, Adjustment. 	
3	<ul style="list-style-type: none"> • Childhood and Adolescence- Characteristics, factors affecting growth and development during childhood and adolescence, Physical growth, Growth and development of internal organs- (a) Nervous (b) Mental (c) Circulatory system (d) Digestive system, (e) Respiratory system (f) Tissues and muscles systems. • Development of motor abilities- Types, importance and characteristics of motor abilities in childhood • Development of motor skills, Types of motor skills, Delayed motor development. 	11
4	<ul style="list-style-type: none"> • Development of emotional behaviour -characteristics ,factors affecting emotional behaviour. • Social developments- stages and Factor affecting social development. • Development of intelligence - Types according to Thorndike, theories regarding intelligence. • Play-meaning , work and play, theories of play, importance, characteristics and types of play, factors effecting play • Habits: Definition, Functions performed by habits, Habits and learning, Laws of habit formation-identical to laws of learning. • Habit formation- Principles and Rules for habit formation. Child delinquency- Types causes and remedial measures. 	11
<p>Keywords: Development- meaning of child growth and development. Different aspects of growth, principles of Development, factors affecting child development, heredity and environment. Prenatal, Postnatal growth, Emotional development, Social Development</p>		

Part C: Learning Resources

Text Books. Reference Books, Other Resources

Text Book Recommended

- *The Development of Children- Cynthia Lightfoot, 1st Edition, MACMILLAN.*
- *Human Development- Srivastava Sushila, 1st Edition, S Chand & Company.*
- *Human Resource Development- Siddhant Memon, 3rd Edition, INFINITY ENGINEERING ACADEMY.*
- *Foundation of Human Development- Asha Singh, 1st Edition, The Orient Blackswan.*
- *Human Development- Carol K. Sigelman, 1st Edition, Cengage Learning India Private Limited.*
- *Human Development- Diane Papalia, 11th Edition, McGraw-Hill Education.*
- *Human Resource Development- Randy L. DeSimone, 6th Edition, Cengage Learning India Private Limited.*

Other Resources—

- <https://youtu.be/dXMRB97r57E>
- <https://youtu.be/FANhL3AdksE>
- <https://youtu.be/EFxIkCpedlg>
- <https://youtu.be/v9Zra08uS9Q>
- *Stages of development infancy babyhood , earl childhood late childhood adolescence adulthood old age* <https://youtu.be/2fgDs8SgpY8>
- <https://youtu.be/gnlkUzdWV0Y>

Handwritten signatures and initials in blue ink, including names like 'Anurag', 'Sushila', 'Siddhant', 'Memon', 'Asha', 'Carol', 'Diane', 'Randy', 'Cynthia', 'Sushila', 'Siddhant', 'Memon', 'Asha', 'Carol', 'Diane', 'Randy'.

Part D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 100 Marks		
Continuous Internal Assessment (CIA): 30 Marks		
End Semester Exam (ESE): 70 Marks		
Continuous Internal Assessment(CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: Q1 Objective-10x1=10 Mark; Q2.Short answer type-5x4=20 Marks Section B: Descriptive answer type qts.1 out of 2 from each unit-4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:



 Convener: *A. Sehgal*
 Members: *Dr. Amita Sehgal*, *Dr. ...*, *Dr. ...*, *Dr. ...*, *Dr. ...*

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PART- A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester -VI	Session: 2024-2025
1	Course Code	HSSC-06P	
2	Course Title	HUMAN DEVELOPMENT (PRACTICAL)	
3	Course Type	DSC	
4	Pre-requisite (if, any)	As per requirement	
5	Course Learning Outcomes (CLO)	At the end of this course, the students will be able to know: <ul style="list-style-type: none"> • Physical growth and development of human child. • To compare normal children with delinquent child. • Importance of heredity and environment on development. • To develop skills of counseling to parents. • To study cognitive development across the lifespan. 	
6	Credit Value	1 Credits	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20

PART -B: Content of the Course

Total No. of learning-Training/performance Periods: 30 Periods (30 Hours)		
Module	Topics (Course contents)	No. of Period
Lab./Field Training/ Experiment Contents of Course	<ul style="list-style-type: none"> • Visit to pediatric ward to observe a newborn baby and a premature baby. • Preparing a growth average height weight chart of five (5) children from one to three (1-3) years. • Study of immunization schedule. • Survey of parents' regulative awareness about toys and clothes. Prepare a development (Physical/Motor) Milestone chart. • Project/Fieldwork- Prepare report of activities and facilities at Anganvadi/Nursery school. 	30
Keywords	Development- meaning of child growth and development. Different aspects of growth, principles of Development, factors affecting child development, heredity and environment. Pre natal, Post natal growth, Emotional development, Social Development	

PART-C: Learning Resources

Text Books, Reference Books and Others
Text Books Recommended – <ol style="list-style-type: none"> 1. Human Development-Brinda Singh, 3rd Edition, Panchsheel Prakashan. 2. Handbook of Child Psychology-Mussen (Ed.) Vol.1, New York; Scientific American Books.

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3. Human Development-Gordon, I.J.: 2nd Edition, New York: Harper & Row.
4. Human Development and Family Studies in India- Saraswathi T. S. & Kaur, B 2nd Edition, Sage Publications.
5. Child Development-Elizabeth B. Hurlock, 5th Edition, MC Graw Hill Education India.
6. Textbook of Human Development (A Life Span Development Approach) -Dr. S. Shrivastava, Dr. K. Sudharani, 2016 Edition, S. Chand & Company.

Online Resources–

- e-Resources / e-books and e-learning portals

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PART -D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment(CIA): 15 Marks

End Semester Exam(ESE): 35 Marks

Continuous Internal Assessment(CIA): (By Course Teacher)	Internal Test / Quiz-(2): 10 & 10
	Assignment/Seminar + Attendance - 05
	Total Marks - 15

Better marks out of the two Test / Quiz
+ obtained marks in Assignment shall be considered against 15 Marks

End Semester Exam (ESE):

Laboratory / Field Skill Performance: On spot Assessment

A. Performed the Task based on lab. work	- 20 Marks
B. Spotting based on tools & technology (written) –	10 Marks
C. Viva-voce (based on principle/technology)	- 05 Marks

Managed by
Course teacher
as per lab. status

Name and Signature of Convener & Members of CBoS:



 (Dr. Amrita Sehgal)