

**FOUR YEAR UNDERGRADUATE PROGRAM 2024 - 28
FACULTY OF HOME SCIENCE
COURSE CURRICULUM**

PART A: Introduction			
Program: Bachelor in B.Sc. Home Science (Degree)		Semester: I/III/V	Session: 2024-2025
1	Course Code	HSVAC - 03	
2	Course Title	Care of Elderly	
3	Course Type	VAC	
4	Pre-requisite (if any)	<i>As per Program</i>	
5	Course Learning Outcomes (CLO)	<ul style="list-style-type: none"> To develop and understanding of elderly care. To learn the adjustment pattern in old age To improve family relation and parenthood within families To learn basic knowledge of services to aged persons To understand the psychology and Physiological changes in aged persons 	
6	Credit Value	2 C	(1 Credit = 15 Hours - learning & Observation and 30 Hrs for Practices/ Field work)
7	Total Marks : 50	Max. Marks: 50	Min Passing Marks: 20

PART B: Content of the Course		
Total No. of Teaching – learning Periods : 30		
Module / Unit	Topics (Course Contents)	No. of Period
I	Introduction <ul style="list-style-type: none"> Emergency and scope of journey and Elderly care -demographic trend in India. Concept of aged and their problems –social, medical, psychological problems, occupational etc. Aging process. Biological and physiological aspect psychological aspect social expect social status retired status single status economical status security guide and teacher social adjustment and recognition. 	8
II	Adjustment pattern and changing lifestyle in old age <ul style="list-style-type: none"> Family pattern in later life; changing roles and aging family conjugal husband wife relationship in old age sexual adjustment. Intergenerational family relation; grandparenthood widowhood single hood alternative life style second marriage in the later life 	8
III	Common Health Problems- <ul style="list-style-type: none"> Fever, Anaemia. Syncope. Vertigo. Anorexia. Loss Of memory. Respiratory disease. Heart disease. Kidney disease. Stroke, Metabolic disorders. Musculoskeletal disorder. CNS related health Problem, Digestive problem, Vision, Hearing, Sleep disturbances, perimenopausal 	7

Bachelor in Home Science (FYUP)

	problem, and genitor-urinary problem.	
IV	Old age Homes, NCO Clinic. NGO for elderly <ul style="list-style-type: none"> • Services and programs for the aged • Categories of services; housing health leisure time activities institutional for the age day care centre economic programs re engagement (after retirement) retirement pension death come retirement gratuity provident fund health measures insurance scheme investment and taxation and property. 	7
Keywords - Adjustment, Pattern, Retirement, Aging.		

PART C:
Learning Resources : Text Books, Reference Books and Others
<p><i>Text books Recommended –</i></p> <ul style="list-style-type: none"> • Dr. S. Shrivastava, Dr. K. Sudharani (2016). Text Book Of Human Development (A Life Span Approach) S. Chand & Company • Cavanaugh, J., & Blanchard-Fields, F. (2011). Adult development and aging (7th ed). Stamford, CT: Cengage Learning. • Rajan, I. S., Risseuv, C., & Perar, M. (Eds.). (2008). Institutional provisions and care for the aged perspectives from Asia and Europe. New Delhi: Anthem Press. • Sahoo, F. M. (Ed.). (2009). Behavioral issues in ageing: Care, concern and commitment. New Delhi: Concept Publishers. • Shankardass, M.K. (Ed.). (2020). Ageing issues and responses in India. New Delhi: Springer. • Srivastava, V. (2010) Women and ageing. New Delhi: Rawat Publisher. • Tanner, D., & Harris, J (2007). Working with the older people. New York: Routledge publishers. • Tornstram, L. (2005). Gerotranscendence: A developmental theory of positive aging. New York: Springer. <p>Online Resources :-</p> <ul style="list-style-type: none"> • https://pubmed.ncbi.nlm.nih.gov/9060784/ • https://www.physio-pedia.com/Theories_of_Ageing • https://samples.jbpub.com/9781284104479/Chapter_3.pdf • https://nursing.journalspub.info/index.php?journal=ijgn&page=article&op=view&path%5B%5D=185 • https://pubmed.ncbi.nlm.nih.gov/12603571/



PART D : Assessment and Evaluation		
Suggested Continuous Evaluation Methods:-		
Maximum Marks:		50 Marks
Continuous Comprehensive Evaluation(CCE):		15 Marks
Semester End Exam (SEE):		35 Marks
Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test - 10 & 10 Marks Assignment/Seminar + Attendance - 05 Total Marks - 15	Average of the obtained marks in best two and Assignment shall be considered against 15 Marks
End Semester Exam(ESE):	Two section – A & B Section A: Q1. Objective -05x1= 05 Marks, Q2 Short answer type 5x2= 10 Marks Section B: Descriptive Answer Type questions 1out of Two from each unit -4x05=20 Marks	

Signature of Convener and Members (CBoS):

A. Sehgal
 COA. Amrita Sehgal
 Dr. B. Setu
 [Other signatures]