

FOUR YEAR UNDER GRADUATE PROGRAM (2024-28) Faculty of Home Science COURSE CURRICULUM

PART-A:	Introducti	on		3024.25
Program:- E (Honors)	achelor in Home Scienc	ce	Semester : VII	Session:-2024-25
1	CourseCode	HSSC- 19 T		
2	CourseTitle	Applied Human Physiology		
3	CourseType	DSC (Discipline specific course)		
4	Pre-requisite(if, any)	As per program		
5	CourseLearning. Outcomes(CLO)	• Ur • Ar • Id	tion of this course, the student will be able to: Understand Basic Knowledge of Human Physiology. Analyze Basic knowledge of cell and its structure. Identify Basic knowledge of respiratory system. Interpret Basic Knowledge of Endocrinal Glands. Discuss basic functioning of human body	
6	CreditValue	3 Credits	1 Credit=15	Hours-learning& Observation
7	TotalMarks	Max.Marks:	100	MinPassingMarks: 40

PART-B:	Contentof the Course	
То	tal No. of Teaching-learning Periods (01Hr. per period)-45 Periods (45 Hours	<u>s)</u>
Unit	Topics(Coursecontents)	Periods
I	Cell Structure and Tissues: Structure of a human cellOrganelles and Inclusions, Elementary study of tissues of the human body- Epithelial, Osseous tissue, connective, Muscular, Nervous (Neuron).special cells and tissues. Cancer Cells.	12
II	Endocrine System: Endocrine glands- structure, regulation of hormonal secretions- Thyroid, Parathyroid, Pancreas, Pituitary, Adrenal, Sex glands. Disorders of endocrine glands Hypo and Hyper Thyroidism, Diabetes Mellitus,, Hyperinsulaenemias, sex hormones related	11

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	problems, Acromegaly, Acromicria, Gigantism, Dwarfism, Cretinism and other pituitary disorders.	
III	Respiratory System: Structure, functions of organs of Respiratory tract. Exchange of gases. Mechanism of Respiration, Transport of Oxygen and CO ₂ .Nervous and chemical Regulation of Respiration, Asphyxia, hypoxia. Digestive System: Structure, function of organs of Gastro- intestinal tract, Liver, Pancreas, Gallbladder. Process of digestion and absorption.	11
IV	Muscles - Types, structure, functions, Changes during muscular Contraction. Excretory System: Structure and function of nephron, kidneys, Urinary bladder Urine formation. Composition of urine. Micturition process, role of spinal cord. Maintenance of acid base balance.	11
Keywords	Cell, Tissue, muscles, Micturition	

Signature of Convener & Members(CBoS):

PART-C: LearningResources

Text books, Reference Books and others

Text books Recommended

- 1. Human Physiology by C.C Chatterjee
 Big Picture: Gross Anatomy, Medical Course & Step 1 Review, Second Edition by David A. Morton;
 K. Bo Foreman; Kurt H. Albertine
- 2. Anatomy and Physiology for Healthcare by Paul Marshall; Beverly Gallacher; Jim Jolly; Shupikai Rinomhota
- 3. Essentials of Human Anatomy & Physiology by Marieb, Elaine Nicpon
- 4. Human Physiology by Eric P. Widmaier, Arthur J. Vander.
- 5. Guyton and Hall Textbook of Medical Physiology

OnlineResources-

- https://youtu.be/URUJD5NEXC8?si=Zhw4ZnvSmS3ScFfr
- https://youtu.be/fpX39jMllB8?si=84MJmDFRjHlGTqlV
- https://youtu.be/mGDt5ENZ-S4?si=MgaG2lxTAEIymuU1
- https://youtu.be/9KI983Von3w?si=C3hGfKDE8nuyoG10
- https://youtu.be/URUJD5NEXC8?si=Zhw4ZnvSmS3ScFfr

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PART D:Assessment			
Suggested Continuous Ev	aluation Methods:		
Maximum Marks: 100 m	arks		
Continuous Internal Asse	sment (CIA): 30 Marks		
Semester End Exam (SEI	E):70 Marks	Better marks out of the two tests/ Quiz	
Internal Assessment:	Internal Test / Quiz(2) –20+20	Obtained marks in assignment shall b	
Continuous Internal	Assignment/Seminar – 10	considered against 30 Marks	
Assessment (CIA)	Total Marks–30		
End Semester Exam (ESE):	d Semester Exam Two section $-A & B$ Section A: Q1. Objective $-10 \times 1 = 10 \text{ Mark}$; Q2. Short answer type- $5 \times 4 = 10 \times 1 $		

Name and Signature of Convener & Members of CBoS:

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P		duction			
Pro	gram:- Bachelor in Hon onors)	ne Science	Semester -VII	Session: 2024-2	025
1	Course Code	HSSC – 19 P			
2	Course Title	Applied Human Physiology (Practical)			
ž	Course Type	DSC (Discipline specific course)			
4	Pre-requisite (if, any)	As per program			
5	Course Learning. Outcomes (CLO)	 After completion of this course, the student will be able to: Understand basic physiology of human body Study various types of cells in uman body Study the blood groups, rh factors and blood group matching Identify various human tissues Evaluate function of body under various circumstances 			
6	Credit Value	1 Credits	1 Credit =30 Hours	Laboratory or Field learnin	20
7	Total Marks	Max. Marks:	50	Min Passing Marks:	20

PART -B: Content of the Course

	Total No.of learning-Training / Performance Periods: 30 Periods (30 Hours) Topics (Course contents)(Any 10)	No. 6
Module Lab./Field Training/ Experiment Contents of Course	 Detection of permanent slides of various body organs. Differential WBC Counting by using diluting fluid. Differential RBC Counting by using diluting fluid. Measurement of blood pressure by auscultatory methods. Determination of erythrocyte sedimentation rate [ESR]. Determination of osmotic resistance of RBCs. Effects of high temperature, salt and acid addition on Ptyalin, present in saliva. Estimation of titrable Acidity in gastric juice. Determination of bleeding and clotting time. Preparation of Haemin crystals. Determination of hemoglobin. Identification of blood group and Rh factor. 	30
Keywords	Tissues, Cells, Blood Groups, Rh Factors, Osmotic resistance of RBCs	

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PART -D: Assessment and Evaluation							
Suggested Continuous	Evaluation Methods:						
Maximum Marks:	50 Marks						
	Continuous Internal Assessment(CIA): 15 Marks						
EndSemester Exam(ES		1 t of t	he two Test / Quiz				
Continuous	Internal Test / Quiz-(2): 10	Better marks out of the					
InternalAssessment	A ssignment/Seminar + Attendance - 05 + obtained marks		Assignment shall be				
(CIA):	Total Marks - 15	considered against 15 Marks					
(By Course Teacher)			Managed by Course				
End Semester Exam (ESE):	A. Performed the Task based on lab. work - 20 Marks A. Performed the Task based on lab. work - 10 Marks status						
(_7)	B. Spotting based on tools & technology C. Viva-voce (based on principle/tec	chnology) - 05 Marks					

Name and Signature of Convener & Members of C BoS:

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