

FOUR YEAR UNDERGRADUATE PROGRAM 2024-28
FACULTY OF Home Science
COURSE CURRICULUM

PART A: Introduction			
Program: Bachelor in Home Science <i>(Diploma / Degree/Honors)</i>		Semester : IV	
		Session:2024-25	
1	Course Code	HSSC – 11T	
2	Course Title	Life Span Development	
3	Course Type	DSC	
4	Pre-requisite (if any)	<i>As per Program</i>	
5	Course Learning Outcomes (CLO)	<ul style="list-style-type: none"> • To learn Basic knowledge of Human Development. • To understand various aspects of development in Life Span. • To create Basic concept Creativity in children. • To explore development of creativity in children. • To evaluate various problems of life span and coping up strategies. 	
6	Credit Value	3 C	<i>1 Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks : 40

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Bachelor in Home Science (FYUP)

Prachi Ashok *BWS* *A. Sagar* *Deo* *Dakes*

PART B: Content of the Course		
Total No. of Teaching – learning Periods (01 hr per period) : 45 Period (45 hours)		
Unit	Topics (Course Contents)	No. of Period
I	<p>Life Span development: and need to study development through the life cycle.</p> <p>Inter-relationship between the aspects of development, Childhood period (2 to 12 years)-Definition, Characteristics and Developmental tasks.</p> <p>Toddlerhood (Emotional Aspect): Importance and ways of meeting child psychological needs to promote feeling of security, Activities according to developments for various age groups trust and acceptance, 13to24 months-Strengthening concept formation, imagination and communication through language promotion of problem solving, environment to explore and develop confidence, 25-36months-Improvement in body movement and communication skills, social skills concept formation.</p>	12
II	<p>Adolescence (13 to 18years): Definition, Developmental tasks, Identity - Definition, body image, positive and negative outcomes (Role confusion ,ego-identity), Heightened emotionality- Meaning, causes, expression, characteristics of emotional maturity, conflict with authority, coping up strategies.</p>	11
III	<p>Adulthood (19 to 60 years) and ageing: (Early adulthood 19 to 40 years) Definition and characteristics Development tasks, significance of the period, responsibilities and adjustment -New family, parenthood, independence, financial matters.</p> <p>Menopause-Health issues, Stresses in middle age, coping with stress to family, Preparation for retirement, Late Adulthood and Ageing – Definition, Retirement-effect of retirement on self, family, society, and financial problems faced, Recreational interest of the aged, Issues- Old age homes, loneliness, living in joint family, prolonged illness. (Plan visit to old age homes).</p>	11
IV	<p>Creativity: Concept of creativity and highlights of the role of creative expressions in over all development of children, Creative expressions, Meaning and definition of creativity expressions, Role of teacher in planning and fostering creative expressions, Creative expressions.</p> <p>Art Activities: Painting and graphics, Painting with brush, drawing with crayons, chalk, rangoli on floor, finger painting.(Some special characteristics of this medium), Teacher's role in conducting activities, Tearing, cutting, pasting and collage, mural, Values ,materials required and Teacher's role in conducting Activities, Printing- Types of printing i.e. block, vegetables, string, leaf, Stencils, spray, crumpled paper, different Textured surfaces.</p>	11
<p>Keywords:- Life Span development and need, Adolescence(13to 18years), Adulthood(19 to 60 years), Toddlerhood(Emotional Aspect), Creativity,Painting and graphics, Tearing, cutting, pasting and collage, mural, Printing.</p>		

Signature of Convener and Members of BOS:

Bachelor in Home Science (FYUP)



PART C:**Learning Resources : Text Books. Reference Books, Other Resources****Text books Recommended –**

1. Human Development- Vrinda Singh, Hindi edition, Panchsheel Prakashan Publication.
2. Textbook of Human Development- K.Sudha Rani, 2nd edition, S Chand and Company Publication.
3. Child Development- Nandita Babu, 8th edition, Pearson Education Publication.
4. Life Span Development- John W. Santrock, 17th edition, Mc Graw hill Publication.
5. Childhood to Adolescence- Seema Sahay, 1st edition, Pearson Education Publication.
6. Child Development- Laura E. Berk, 9th edition, Pearson Education Publication.
7. Human Development- Daine E. Papalia, 9th edition, Mc Graw hill Publication.

Online Resources:

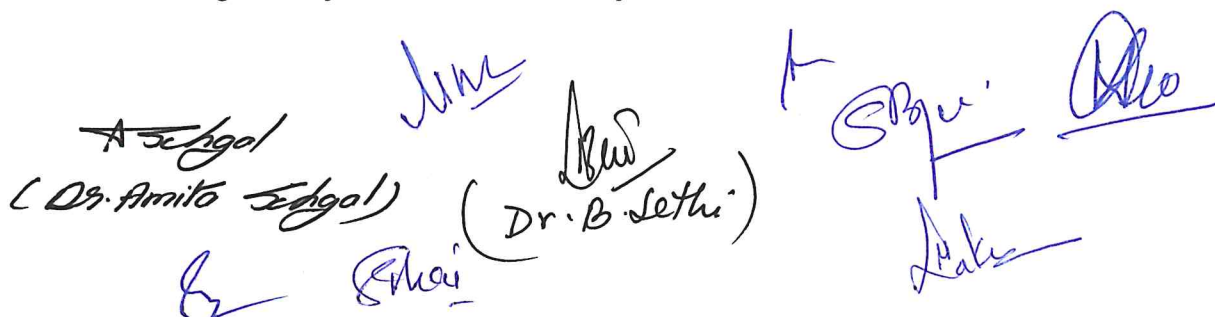
- https://www.google.com/search?q=adolescence&rlz=1C1JJTC_enIN950IN950&sxsrf=
- https://link.springer.com/chapter/10.1007/978-94-6300-959-1_3
- https://www.google.com/search?q=Toddlerhood&rlz=1C1JJTC_enIN950IN950&sxsrf=
- https://www.google.com/search?q=Adulthood&rlz=1C1JJTC_enIN950IN950&sxsrf=
- <https://courses.lumenlearning.com/suny-hvcc-psychology-1/chapter/what-is-lifespan-development/>

PART D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks:	100 marks
Continuous Comprehensive Evaluation(CCE):	30 Marks
Semester End Exam (SEE):	70 Marks

Internal Assessment:	Internal Test / Quiz(2) –20+20	Better marks out of the two tests/ Quiz + Obtained marks in assignment shall be considered against 30 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar – 10	
	Total Marks–30	
End Semester Exam (ESE):	Two section – A & B	
	Section A: Q1. Objective – 10 x1= 10 Mark; Q2. Short answer type- 5x4 =20Marks	
	Section B: Descriptive answer type qts.. 1 out of 2 from each unit-4x10=40 Marks	

Name and Signature of Convener & Members of BOS



 (Dr. Amito Edgal)

 (Dr. B. Sethi)

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PART A: Introduction			
Program: Bachelor in Home Science (Diploma / Degree/Honors)		Semester : IV	Session:2024-25
1	Course Code	HSSC – 11P	
2	Course Title	Life Span Development (<i>Practical</i>)	
3	Course Type	DSC	
4	Pre-requisite (if any)	<i>As per Program</i>	
5	Course Learning Outcomes (CLO)	<ul style="list-style-type: none"> • To learn Basic knowledge of Human Development. • To analyze various aspects of development in Life Span. • To explore Basic concept Creativity in children. • To understand Developmental activities in children. • To identify various problems of life span and coping up strategies. 	
6	Credit Value	1 C	<i>1 Credit = 30 Hrs Laboratory/ Field learning/ Training</i>
7	Total Marks	Max. Marks: 50	Min Passing Marks : 20

PART B: Content of the Course		No. of Periods
Total No. of Teaching – learning / Performance Periods : 30 periods (30 hours)		
Module	Topics (Course Contents)	
Lab/ Field Training/ Experiment contents of the course	<p>Infancy and Toddlerhood</p> <ol style="list-style-type: none"> 1. A file to be prepared to list activities appropriate for age groups - 0-6 months, 7-12months,13 to 20 months and 25 to 36months. 2. Students be encouraged to observe materials available in the locality, Different types of shops, tailor. 3. Develop play materials suitable for each age group. 4. List activities, which can be used for working with different age groups. <p>(a) 0 to 6 months.</p> <ol style="list-style-type: none"> 1. Prepare materials and design activities for seeing, hearing touching and feeling. 2. Sensation and movement for soothing movements and exercises. <p>(b) 7 to 12 months.</p> <ol style="list-style-type: none"> 1. Prepare materials and design activities for touching and feeling sensation and movement, and manipulation. <p>(c) 13 to 14 months.</p> <ol style="list-style-type: none"> 1. Identify activities for gross motor development and prepare play materials available in the locality. 2. Prepare play materials and list activities promote manipulation sensory experiences, concepts and language. 	30

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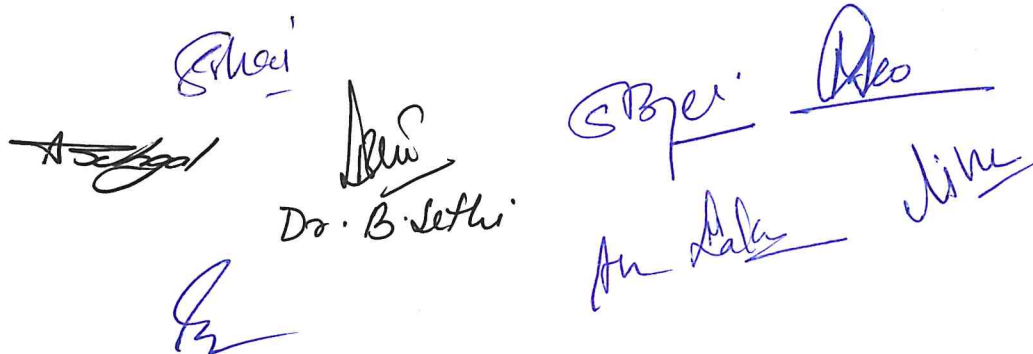
	<p>3. Visit to old age homes.</p> <p>Art Activities</p> <p>5. A few suggestions are given under each category as guideline students be encouraged to explore experiment with each media and understand the characteristics of each medium. Samples of each are included in the resource file which each student is expected to maintain along with description of values materials and technique used.</p> <p>6. Difficulty level of each activity be considered and decide its suitability for different age groups-</p> <p>1. Painting and graphics</p> <p>2. Prepare a variety of brushes from different types of brooms, cotton, wool, strips of cloth, feather etc</p> <p>Tearing cutting and pasting Workshop-</p> <p>1. 3-5yearsTearing with all fingers, tearing with thump and two fingers as used in holding pencil, tearing on straight line and curved line.</p> <p>2. 6-8yearsTearing circular rings starting from one corner of the page till centre of page, Making designs.</p> <p>3. 3-5cutting and pastingCutting and design, pasting, please of paper, cloth, stick sleeves college, mosaic Printing</p> <p>Printing Workshop-</p> <p>1. Printing with strings, leaf, vegetable blocks, stencil printing, thumb," finger, spray painting</p> <p>2. Keeping coins, leaves with veins below paper and gently coloring with crayon.</p>	
Key words	Toddlerhood, ECCE, Art activities, creativity.	

Ashga *Bas* *Styler* *Alko* *Adal*
Suei *Jim* *H*

Part C:
Learning Resources : Text Books. Reference Books, Other Resources
Text Books Recommended :
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Online Resources:
<ul style="list-style-type: none"> • https://www.google.com/search?q=adolescence&rlz=1C1JJTC_enIN950IN950&sxsrf= • https://www.google.com/search?q=Toddlerhood&rlz=1C1JJTC_enIN950IN950&sxsrf= • https://www.google.com/search?q=Adulthood&rlz=1C1JJTC_enIN950IN950&sxsrf= • https://link.springer.com/chapter/10.1007/978-94-6300-959-1_3 • https://courses.lumenlearning.com/suny-hvcc-psychology-1/chapter/what-is-lifespan-development/

PART D :Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	50 Marks	
Continuous Internal Assessment (CIA):	15 Marks	
End Semester Exam(ESE):	35 Marks	
Internal Assessment:	Internal Test / Quiz (2) - 10 & 10	Better marks out of the two tests/ Quiz + Obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance - 05	
	Total Marks - 15	
End Semester Exam(ESE):	Laboratory / Field Skill Performance : on spot Assessment	
	A. Performed the task based on Lab work -	20 marks
	B. Spotting based on tools & Technology (written) -	10 marks
	C. Viva –voce (based on principle/ Technology) -	05 Marks

Name and Signature of Convener & Members of BOS-



 Dr. B. Sethi